

NURSING BENEFITS



Support for breastfeeding in the workplace.



RETURN ON INVESTMENT

Employers who support women who choose to breastfeed have increased employee loyalty, lower rates of absenteeism and lower health care cost, which can also result in increased productivity.

IMPLEMENTATION

Establish a protocol for nursing mothers who need comfort and support when they return to the workplace. Employers can meet the desires of new mothers to continue to breastfeed after returning to work by creating a nursing policy and providing areas for lactation in the workplace. Lactation rooms include: comfortable furniture, outlets, refrigerator, storage, and sinks.

NEVADA LAW

NRS 608.0193

An employer with more than 50 employees is required to provide break time to express breast milk. A place, other than a bathroom, which is protected from the view of others and free from intrusion by others where the employee may express breast milk. Prohibiting an employer from retaliating against an employee for certain actions relating to this requirement.

<https://www.leg.state.nv.us/nrs/>

RESOURCES

- <https://www.nevadaworksitewellness.org/nevadas-baby-friendly-worksite-program/creating-a-breastfeeding-location/>
- <https://www.unicef.org/media/73206/file/Breastfeeding-room-guide.pdf>

FAMILY-FRIENDLY FACT

Businesses with worksite lactation programs experience up to a \$3 return for every \$1 invested in lactation support.

(Bartick M, Reinhold A., 2010)

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